

The Shepherd's Staff

GSUMC ADMINISTRATIVE BOARD AND STAFF

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In February, I took a three-week renewal leave. I dedicated this time both to mourning the loss of my mother and to recharge and grow my spiritual life. I am deeply grateful to all the congregation members of the GSUMC for their generous support and understanding that made this precious period possible.

During these three weeks, I wondered how to spend my time meaningfully. My wife suggested that I should take the opportunity to experience a solitary retreat in a new place, away from the children—a chance for me to enjoy some time alone that I had never had before. Following her advice, I decided to visit Turkey for two weeks. This destination was not only entirely new to me, but it also holds special significance as the home of the seven churches mentioned in the Book of Revelation. Exploring these biblical sites on my solitary journey promised healing and valuable lessons for my spirit.

As I had hoped, my two week journey in Turkey was a truly remarkable and enriching experience. I rented a car and traveled through the Aegean region, visiting sites where the seven churches once stood. I observed and touched ancient ruins, feeling a tangible connection to the past. The warm hospitality, friendly smiles, and engaging conversations with many Turkish people added unexpected joy to my trip. During my stay in Istanbul, I visited several world-famous mosques and learned about their historical ties to Christianity. I delighted in Turkey's varied cuisine, sampling a new dish at every meal. I enjoyed Turkish coffee and tea, having three to four cups almost daily.

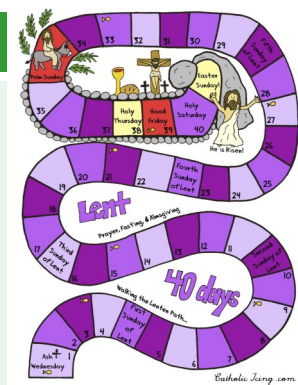
Yet, if asked whether I would choose to remain here permanently, my answer is "no." Even as I write this in my hotel room, I miss my own bed, sofa, and desk back home in Colorado. No matter how delightful Turkish cuisine is, I long for the comfort of home-cooked meals. (Actually, last night I happened to see a McDonald's and went in, so I ended up having a cheeseburger, McNuggets, fries, and a Coke Zero for dinner. Wow, it was so delicious—I felt, for a brief moment, like I was enjoying the tastes of home.) I miss my beloved church, congregation, colleagues, and most of all, my family. No matter how enchanting this place may be, I have come to realize that it is not where I belong; I must return to the place that is truly home.

With the renewed soul, new insights, and healing I have gained from this journey, I will return home. I look forward to sharing these experiences as I continue to follow the calling that God has placed on my life. I miss you all. See you soon!

Rev. Yo Han



CHILDREN'S MINISTRY



Happy March! You are so lucky because you are a treasure of God! This month, we will be focusing on the season of Lent. Our memory verse is *"If I, your Lord and teacher, have washed your feet, you too must wash each other's feet."* John 13:14

Dates to Remember:

March 5: Ash Wednesday-Service at 7:00pm

March 9: Spring Forward (lose an hour of sleep)

March 17: Wear your **GREEN!**

March 22: Rocky Mountain Pride Band Concert @ 5:00pm

March 30: Confirmation Sunday during 10:30am service.

Spring break is coming soon!

Youth Group

In Sunday School, the Youth Group continues to learn about world religions. So far, they have learned about Hinduism, Buddhism, Confucianism, and Judaism. We have spent the longest time on Judaism, since that was the religion that Jesus grew up in. Our next study will be Muslim, followed by a compare and contrast study of Greek Mythology to Roman. Afterwards, we will do a deep dive into various Christian religions, with a deep focus on Methodism. Debbie would like to see if any congregates still have the book, "Three Simple Rules: A Wesleyan Way of Living" authored by Rueben P. Job. This was the book that we each got many years ago that went over the rules: 1) Do Good, 2) Do No Harm, 3) Stay In Love With God. She would like to obtain 15 copies of the book for each of the kids. If you are willing to donate your copy of the book, please see Debbie Pacetti. The Youth Group will also be looking for ways to do various fund raisers and service projects, while still having fun. We will be planning some outside activities during the spring, such as swimming at Trail Winds or going roller skating. For questions, call or text Debbie Pacetti at 720-413-5975.



March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Communion Sunday Confirmation Sunday 9:00am Contemporary Worship 10:30am Traditional Worship 9:00am Adult Sunday School 10:30 Children/Bash Youth Troop 62816 3:30-5:00 Troop 66802 2:00-5:00	3 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00 Scouts 6:30-930pm	4 Rev. Yo Han Han Office Hours 8:30-12:00pm Geri-Actives 1:00pm Playology 6:30-7:30, 3-6pm Choir 6::30-8pm	5 Rev. Yo Han Han Office Hours 8:30-12pm Playology 6:30-7:30, 3-6pm Ash Wednesday Service 7:00pm 	6 Rev. Yo Han Han Office Hours 8:30am-12pm Playology 6:30-7:30am, 2pm-6pm Ruth Circle Bible Study 1-3pm Prayer Warriors 6:30 Bell choir practice 5-8pm	7 Playology 6:30-7:30am/3:00-6:00pm Music Together 8:30-11:30am RMPB 6:30 Rehearsal	8 Don't be late for Sunday Worship. Spring forward before bed! 
9 Daylight Savings Time Begins 9am Contemporary Worship 9am Adult Sunday 10:30am Traditional Worship 10:30 Children/Bash Noon: Staff Meeting 1:00pm Ad Board Meeting	10 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 6:30-930pm	11 Rev. Yo Han Han Office Hours 8:30-12:00pm Bible Discussion 1:00pm Playology 6:30-7:30am/ 3-6pm Choir 6:30-8pm	12 Rev. Yo Han Han Office Hours 8:30-12pm Playology 6:30-7:30/ 3-6pm	13 Rev. Yo Han Han Office Hours 8:30am-12pm Playology 6:30am-7:30am/3pm-6pm Ruth Circle Bible Study 1-3pm Prayer Warriors 6:30 Bell choir practice 5-8pm	14 Playology 6:30-7:30am/ 3-6pm Music Together 8:30-11:30am Troop 66745 6pm	15 United Methodist Men 8am United Methodist Women -noon
16 9am Contemporary Worship 9am Adult Sunday School 10:30am Traditional Worship 10:30 Children/Bash Sunday School 1:00pm Ministry Board Meeting Troop 62816-330-5pm Troop 66802 2:00-5:00	17 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 6:30-930pm 	18 Rev. Yo Han Han Office Hours 8:30-12:00pm Bible Discussion 1:00pm Playology 6:30-6:00pm Choir 6:30-8pm	19 Rev. Yo Han Han Office Hours 8:30-12pm Playology 6:30-6:00pm 3-6pm Rocky Mountain Pride Band 6:30-9:00pm	20 Rev. Yo Han Han Office Hours 8:30am-12pm Playology 6:30am-6pm Ruth Circle Bible Study 1-3pm Prayer Warriors 6:30 Bell choir practice 5-8pm	21 Playology 6:30-6:00pm Music Together 8:30-11:30am RMPB Rehearsal w/tech 6:30-9:00pm	22 RMPB Concert Rehearsal 3:00pm Concert 5:00pm
23 9am Contemporary Worship 9am Adult Sunday School 10:30am Traditional Worship 10:30 Children/Bash Sunday School 30 Confirmation Sunday @ 10:30 service 9am Contemporary Worship 9am Adult Sunday School 10:30am Traditional Worship	24 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 6:30-930pm 31 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 6:30-930pm	25 Rev. Yo Han Han Office Hours 8:30-12:00pm Bible Discussion 1:00pm Playology 6:30-7:30am/ 3-6pm Choir 6:30-8pm	26 Rev. Yo Han Han Office Hours 8:30-12pm Playology 6:30-7:30/ 3-6pm	27 Rev. Yo Han Han Office Hours 8:30am-12pm Playology 6:30-7:30am/3:00-6pm Ruth Circle Bible Study 1-3pm Prayer Warriors 6:30 Bell choir practice 5-8pm	28 Playology 6:30am-6:00pm Music Together 8:30-11:30am Troop 66745 6pm	29

FOOD FOR HOPE

Food For Hope March collection. This month, Food For Hope will be collecting bags of beans. Beans of all kinds are accepted such as pinto, northern, black, navy, kidney, garbanzo, etc.

Isaiah 58:10 Feed the hungry, and help those in trouble. Then your light will shine out from the darkness, and the darkness around you will be as bright as noon.



Volunteers are always needed at Food For Hope! Questions about how to get plugged in? Email us at tiffany@foodforhope.net.



This year, there will be a six week Lenten devotional book available March 9. Please pick one up after service. If you are unable to attend services, but would like one, please contact the office.



Ash Wednesday Service will be March 5th at 7:00pm. If you are unable to attend service, and would like the imposition of ashes, please contact the church office by 9:00am on March 5th.

Diversity Team

The Diversity Team has not been able to identify a new leader, so Debbie Pacetti will continue in this capacity for the next 3 months. There is not a lot of activity planned outside of continuing to update the hallway bulletin board that is across from the bathrooms on the 1st floor. It contains multiple recipes from various cultures. Just for fun, other recipes were added related to recipes for friendship, happiness, etc. The food recipes were placed on the bulletin board with pushpins in case anyone wants to get a copy of the recipe. Please, feel free to add your own recipe to the current collection. The Diversity Team would really like to encourage others to add supplementary recipes and would like to host a “favorite recipe” contest at the end of March ... just to add some fun to the board. A mechanism will be put in place to vote for the best recipe and a \$25 gift card will be given out for the BEST RECIPE at the end of March. So, please add to the board. For questions, call or text Debbie Pacetti at 720-413-5975.



All men are invited to the United Methodist Men' Breakfast every third Saturday of the month from September through May. Breakfast begins at 8:00am. Please sign up on the UMM board.

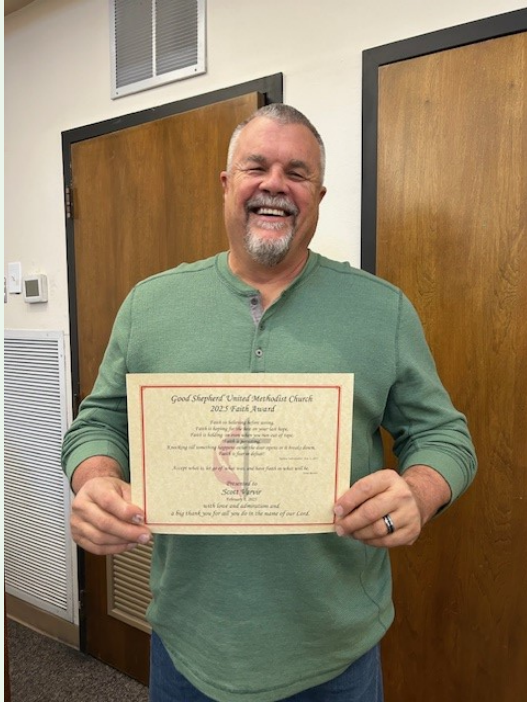


United
Women
in Faith

All Women are invited to the United Women in Faith monthly meetings held every third Saturday of the month at noon.

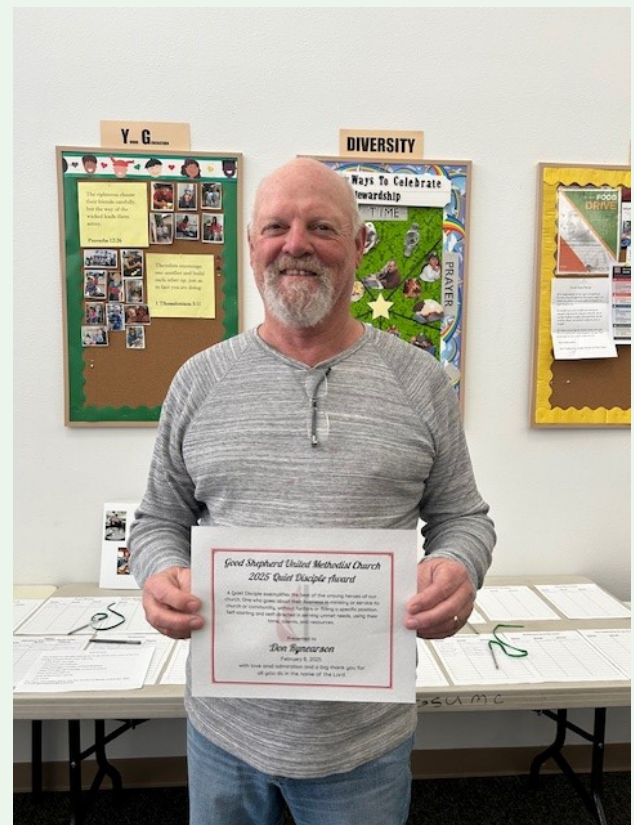
We are so lucky to have such dedicated volunteers

Congratulations to Scott Varvir and Don Rynearson



This year's Faith Award recipient is Scott Varvir. We know Scott as our lead tech guy on Sundays, but he volunteers his services for other events at the church such as the Fall Festival, Christmas program, outdoor services, funerals/weddings/concerts, and evening events. Scott not only is great as our tech guy, he also volunteers his time delivering food for Food For Hope, with work around the church such as filling up the sandbox with fresh sand, or speaking with the confirmation kids about his faith journey. Scott is always willing to help members of the church with transportation, or other areas outside of worship hours. Scott's closest friends to this day he met through his youth group in Arizona. Every Sunday they make time for a Zoom meeting to catch up, and a big camping trip every summer. Scott's faith began to develop as a child, and flourished in his adulthood. For continuing to share your time, talents, and witness of God's love is the reason Scott is honored with the Faith Award.

Don Rynearson is the true epitome of a quiet disciple. He is always working behind the scenes. Don generously take the community garden food to the local food banks, manages the compost piles during the summer months, and shovels Good Shepherd's during the winter months for staff and Playology. This is often completed early in the morning. Don has generously donated food from his hunting adventures, as well as apples with permission from his neighbor's tree. Don is always willing to help in areas of the church as needed. Thank you, Don for sharing your time to help Good Shepherd.



Good Shepherd honors Philip Stanley with the Quilt of Valor award



The Quilts of Valor® Foundation began in 2003, when founder Catherine Roberts' son returned from Iraq and she noticed a marked difference in his well-being when he wrapped himself in a gifted quilt. Since its launch, the foundation has become one of the country's largest quilting non-profits, delivering more than 327,000 handmade quilts to service members and veterans and partnering with other groups such as the Boy Scouts, Girl Scouts, and 4H to teach quilt making for a good cause.

A QOV must be no smaller than 55" x 65", and ideally 60" x 80" to comfortably cover an average-sized adult. Materials used should only be high-quality quilting fabric and batting, and quilts must be finished with hand or machine quilting—no tied quilts accepted—and labeled.

Phil Stanley wrapped in the Quilt of Valor along side his wife, Carol, and their two grandchildren. Phil's heroic military honors were read by his daughter during the February 8 Chili Cook-Off celebration.

Thank you Bonnie Stwalley for nominating Phil, and thank you Phil for your service in Vietnam!



2025 PAINT-A-THON APPLICATION FORMS AVAILABLE

Brothers Redevelopment, Inc. is eagerly preparing for the 47th Annual Paint-A-Thon season which will run April thru October 2025. The Paint-A-Thon is a program that has utilized volunteers to paint the exterior of 7,900 homes over its history, each one FREE OF CHARGE to qualifying older adults and homeowners living with a disability. Brothers Redevelopment is actively seeking applications for this coming season. The application criteria are straightforward, applicants must be a homeowner living on a fixed income, age 60 or over, living with a disability at any age, living in a 1 or 1.5 story home and whose home needs exterior paint. For more information, please see their website at www.brothersredevelopment.org A master application form can be found on the United Methodist Men's (UMM) bulletin board located in the narthex. If you or someone you know may qualify, please make a copy of the application form in the church office.

Additionally, Brothers Redevelopment also provides assistance with other areas of the home including handicap ramps, safety grab bars etc. Similar qualifications to the ones noted above apply. Should this be of interest, please check out the above listed website and/or contact Brothers Redevelopment Home Modifications and Repairs at 303-685-4225

Good Shepherd has participated for the past 11 years and looks to fielding a crew for the 2025 season. We have generally painted mid-August. A signup sheet and additional details for this mission project will be posted in July. For further information, please feel free to contact Hervey Smith via email at herveysmith088@gmail.com or catch me at church after the 10:30 service.





Mar 3	Sydney Deem
Mar. 4	Buz Hedglin
Mar 6	Jerry Reed
Mar 7	Ginny McDonald
Mar 11	Emily Alley
Mar 11	Wyatt Pieken
Mar 14	Randy Anderson
Mar 16	Ben Irwin
Mar 16	Bethany Lawrence
Mar 20	Bonnie Varvir
Mar 22	Pat Saunders
Mar. 23	Derrick Smith
Mar 25	Pat McGinnis
Mar 25	Craig Gress
Mar 26	Evelyn Aldis
Mar 27	Taylor Atkinson
Mar 31	Steve Donnell



Caring for our community through Christ

GOOD SHEPHERD

United Methodist Church

www.shepherdchurch.org

Email: shepherdchurch@qwestoffice.net

Upcoming Events

Daylight Savings Time Begins

March 9

Rocky Mountain Pride Band Concert

March 22 5:00pm

See attached poster

Confirmation Sunday

March 30 10:30am

Good Friday Service

April 18 7:00pm

Easter Sunday

April 20

Sunrise Service at the labyrinth (Time TBD)

Cantata Service 10:00am

Children's Easter Egg hunt after 10:00am service

